



Aqua Soul Spa

NEWSLETTER DECEMBER 2011

DECEMBER IN THE SPA . . .

Welcome to Heron Island!

It is the Holiday Season at Heron Island! While staying at Heron Island and enjoying the many outdoor activities that Heron is so famous for, be sure to make time to pamper yourself with a luxurious treatment or two at the Aqua Soul Spa.

On arrival in your room, there will be a Spa Menu provided which showcases our range of facials, massage and body treatments suitable for everyone, male and female (be sure to check the Heron Times also for our daily special packages). Whether you wish to relax and renew, or rejuvenate and anti age, we have the treatment for you! The Aqua Soul Spa has a skilled and professional spa team, and we pride ourselves on providing you with memorable and relaxing treatments using a range of products and treatments designed by the luxury UK Spa Brand, Elemis.

Aqua Soul Spa is open 7 days a week and is sheltered from the view of your fellow resort guests. Each treatment room has a large

picture window with a view of the lush Pisonia forest, making it a private and deeply peaceful sanctuary in which to experience your treatment. We also have a double treatment room, giving you the option to share your treatment experience with a loved one*.

Appointments may be booked at Heron Island Main Reception, or visit the spa direct and speak with one of our highly trained therapists, who will be delighted to assist you in your selection of treatment. Should the spa be closed due to appointments we can make an alternative time to meet with you. In this instance, please ask the Heron Island Reception Staff to contact us.

Aqua Soul Spa is located at the very end of the Resort—just follow the paved path and signs behind North Beach.

Aqua Soul Spa will be open from 9am—12:30pm on CHRISTMAS DAY

HOLIDAY SPECIAL !

20% Discount Off ALL Elemis Products.

Unsure which products to use and when on your skin?

Come and visit our Qualified Beauty Therapists at the Aqua Soul Spa for a complimentary 15 Minute Skin Consultation and a full skincare recommendation.



CHRISTMAS PACKAGES

STEAM DREAM

Treatment includes Full Body Exfoliation whilst in Steam Room, Facial Cleanse and Mask Application, Scalp Treatment and Massage

A healing treatment to detoxify, renew and relax the body and mind.

Allow the warmth of the steam room to penetrate your muscles and completely relax while your therapist applies aromatic body oils and pure mineral salts for an invigorating full body exfoliation.

The treatment continues with a hydrating facial cleanse and mask, and finishes with a luxurious scalp treatment and massage.

Total Treatment Time— 60 Minutes—\$135

REEF DREAMING

Book an Elemis Pro Collagen Advance Facial , 15 Minute Steam Room Session and 30 Minute Massage and take home a complimentary Full Size Cleanser Valued At \$68

Replenish and restore your skin after days of sun, sand, sea and sunscreen

Seeking a firmer , uplifted, more youthful looking appearance, then the Pro-Collagen is the facial treatment for you. This deeply relaxing and rejuvenating treatment includes a customised aromatherapy back massage and steam room session.

Total Treatment Time—1hr 45mins - \$280

KA HUNA MASSAGE

Get "Ka Huna'd" at Aqua Soul Spa

"The Rolls Royce of Massages"

Ka Huna Bodywork is a transformational massage and healing system that will support you by harmonising the body-mind in its physical, emotional and spiritual dimensions. The Body Worker will work with energy to apply soft and deep tissue massage to instil a calming sense of peace it and generate an overall sense of wellbeing.

Total Treatment Time:

60min—\$130

90min—\$145



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Happy New Year!

JANUARY 2012 IN THE SPA . . .

My New Year's Resolution is

To Be Pampered At AQUA SOUL SPA !

THE "DANCING DIVA" PACKAGE \$240

An Elemis One Hour Skin Specific Facial and Spa Pedicure.

A rejuvenating facial indulgence tailored to restore natural radiance and youthful vitality will begin your spa experience. Followed by a luxurious treatment to heal and revive your weary feet with an exfoliation, moisture enriched mask and a relaxing hand or foot massage, followed by nail work and your choice of polish.

THE "NEW YEAR, NEW ME" PACKAGE \$250

A One Hour Wellbeing or Ka Huna Massage and an Elemis Skin Specific One Hour Facial

Relax in solitude or enjoy our spacious double treatment room which is ideal to share with a friend or partner for a personalised massage tailored to suit your needs, followed by an aromatic facial treatment that will take your skin on a sensory journey to total renewal.

THE "WHY DID I DRINK SO MUCH??" PACKAGE \$140

Steam Room Session 15 Minutes and a 60 Minute Wellbeing or Ka Huna Massage.

Within moments of entering your private steam room, warmth penetrates your body, easing tired muscles, detoxifying the body systems and helping your cares drift away. Your spa journey continues with a personalised massage tailored to suit your individual needs.

THE "MAN-LAND" PACKAGE \$215

Steam Room Session—15 Minutes, 30 Minute Back Massage and One Hour Elemis Facial.

Let your cares drift away and your body completely relax with this special treatment tailored specifically for men, designed to relieve stress and dedicated to the needs of a man's skin.

Book your Aqua Soul Spa New Year Package direct at Aqua Soul Spa or with Resort Reception

Aqua Soul Spa POOLSIDE SPECIAL

Too busy enjoying beautiful Heron Island to make your way to Aqua Soul Spa?

Checked out of your room and not sure how to spend your last morning on Heron?

We understand!!

So this summer we also come to you! Aqua Soul Spa will be offering poolside treatments over the holidays!

Enjoy a cool refreshment while our talented Spa Therapists work their magic!
Treatments will be at Baillies Bar—poolside and include:

Express Manicures & Pedicures & Kids Polish
&
Seated Chair Massage

Keep an eye out in our Heron Times for times and details

Aqua Soul Spa Gift Certificates

**Treat someone you love to the
Gift of Relaxation!**



Our beautifully boxed Gift Certificates are a present that is guaranteed to please!

Select a treatment or value of your choice - plus there is no need for gift wrapping!!

Visit our talented therapists at Aqua Soul Spa who will be delighted to assist with your selection of the perfect gift.